



# Exploring Christian Healing

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LEADER'S NOTES

## Session 5

# Having a go!

### AIM OF THIS SESSION

To deepen someone's encounter with God in a time of ministry

90 MINUTES



A SPACE TO MEET WITH THE LIVING GOD FOR  
RELATIONSHIP • HEALING • TRANSFORMATION



### Introduction

Welcome and opening prayer.

### Engaging with the presence of Jesus



#### Video 5.1

Play (or screen share) Video 5.1  
(Guided time of ministry after 9 minutes)



#### Group discussion

- How can we discern whether it is actually God communicating with us or simply our own thoughts?
- What are some of the ways that God has communicated with the members of the group?



### Engaging with the power of the Spirit



#### Video 5.2

Play (or screen share) Video 5.2  
(guided time of ministry after 9 minutes)



#### Group discussion

- Is there anything folk would like to share from that time?





## Prayerful exercise



Now is the moment to try putting together all we have been looking at!

Once again encourage people to go into groups of three - one person to pray, one to receive and the other to observe. Encourage them to use this approach:

- Enjoying the Father's love
- Finding the presence of Jesus
- Calling on the power of the Spirit

Encourage them to swop roles so that they each have a go at receiving and ministering.



## Feedback



When everyone is all together again, ask each group in turn how they got on. Please note that it is not necessary for people to share personal issues but rather along the following lines:

- Was this approach fairly straightforward?
- Did it feel different from other times when they received prayer?
- Were there any aspects that seemed particularly difficult?
- What did they find most encouraging?
- Was there any sign of healing?

## Things to look out for:

Discourage use of the word **'just'**! So often people say something like, 'I just felt peace'. This implies a certain sense of disappointment that there wasn't more, whereas everything that Jesus brings us is of vital importance.

Gently challenge people to consider why they felt Jesus might be saying or showing them whatever it was he communicated to them. If he whispered that he loved them, for example, why did he particularly want them to hear that at this time?

Are there any other comments anyone would like to make before the Closing Prayer?



**Remember to send out the Notes for Participants – Session 5!**